

NDMA 2023 ANNUAL MEETING AND LEADERSHIP AWARDS

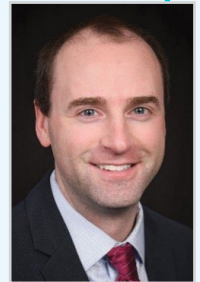
OCTOBER 5 - 6 | Alerus Center | 1200 S 42nd St | Grand Forks, ND

It is my pleasure to invite you to the NDMA 2023 Annual Meeting featuring the highly-sought-after Policy Forum and Leadership Awards Ceremony.

We are excited to announce that this meeting is held in conjunction with the ND Chapter of the American College of Physicians, and the ND Chapter of the Society of Hospital Medicine. The combined effort is a chance to network with an even greater audience and increases program dynamics.

This is an exciting time to bring people together to network, share policy ideas and celebrate achievements. Please join us. You'll be glad you did.

NDMA President Dr. Joshua Ranum



PROGRAM AT A GLANCE

THURSDAY, OCTOBER 5

2:30-5:30 pm | **Council Meeting** (Council Members Only)

5:30-8:00 pm | **Social**

FRIDAY, OCTOBER 6

7:30-8:15 am | **Breakfast with Dr. Joshua Wynne**

8:15-9:45 am | **Policy Forum**

9:45-10:30 am | **On the Horizon: Healthcare
Policy Trends**

10:30-11:00 am | **Break/Vendor Show**

11:00-11:45 am | **Transgender Medicine**

11:45 am-12:30 pm | **Future of Medicine Panel**

12:30-2:00 pm | **Leadership Awards Luncheon**

2:00-2:45 pm | **Artificial Intelligence in Healthcare**

2:45-3:30 pm | **An Overview of Weight Management**

3:30-3:45 pm | **Break**

3:45-4:30 pm | **Thieves Market - Interactive with
Internal Medicine Residents**

THURSDAY, OCTOBER 5

2:30 pm | **NDMA Council Meeting**
Alerus Center, Room 3 (council members only)

5:30-8:00 pm | **Social**
Hosted by Third District Medical Society
Playmaker's All American Lounge
Canad Inn, connected to the Alerus Center

FRIDAY, OCTOBER 6

Event Locations

Policy Forum and Educational Sessions: Ballroom 1
Breakfast, Breaks and Leadership Awards Luncheon: Ballroom 2 & 3

7:30-8:15 am | **Breakfast with the Dean**
Serving North Dakota Today and Tomorrow
Ballroom 2 & 3
Sponsored by UND School of Medicine & Health Sciences.

Dr. Wynne shares insights on the latest developments for the UND School of Medicine & Health Sciences and how it may impact the future of health care for the medical profession and patient care.



Special guest of Dr. Wynne is North Dakota State Health Officer Dr. Nizar Wehbi, who will share how federal and state-funded health services are impacted by today's ever-changing environment.

Joshua Wynne, MD, MBA, MPH
UND School of Medicine & Health Sciences Dean
& Vice President for Health Affairs

**UND SCHOOL OF MEDICINE
& HEALTH SCIENCES**
UNIVERSITY OF NORTH DAKOTA

JOIN US FOR A

SOCIAL

Hosted by
Third District Medical Society

Thursday, October 5
5:30 – 8:00 pm

Playmaker's All American Lounge

Located in the Canad Inn,
connected to the Alerus Center.



We encourage all Third District members, NDMA Annual Meeting participants and their guests to attend an evening of networking and fun!

NDMA Policy Forum Let Your Voice Be Heard!

The Policy Forum platform allows physicians to discuss and consider policy relevant to your practice and care of patients.

NDMA leadership encourages all NDMA members to participate.

Submit your policy issues by September 15th by completing a policy issue form located online at www.ndmed.org.

FRIDAY, OCTOBER 6, CONTINUED

8:15-9:45 am | **Policy Forum** - Ballroom 1

NDMA leadership encourages all NDMA members to participate in the Policy Forum. The Policy Forum platform allows participants to discuss and consider policy relevant to your physician practice and care of patients.

9:45-10:30 am | **On the Horizon: Healthcare Policy Trends** - Ballroom 1

This session will help participants to identify various healthcare policy trends and recognize how the issues impact the practice of medicine.



Ms. Razon will provide in-depth coverage of trending healthcare policy issues surrounding the practice of medicine. Learn what issues are coming forward from other states and how policy is making a difference in how physicians practice medicine.

Beverly Razon
COPIIC Senior Vice President | Public Affairs

10:30-11:00 am | **Break – Vendor Show** - Ballroom 2 & 3

Show your support! Take this opportunity to grab a refreshment and visit the booths. See what's new and be sure to express your thanks for their support to make this event happen.

11:00-11:45 pm | **Transgender Medicine** - Ballroom 1

This session will define the terms related to gender dysphoria, help to identify which patients are suitable for hormonal transition to the opposite gender, describe the typical changes associated with hormonal therapy, and identify complication of hormonal therapy.



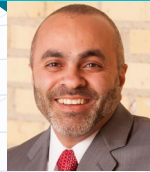
Dr. Newman is a diabetes and metabolism specialist and provides care using the latest technology.

David Newman, MD
Department of Endocrinology Chair | Sanford Health, Fargo

11:45 am-12:30 pm | **Future of Medicine Panel** - Ballroom 1

Panel members will discuss the short and longer-term healthcare development trends impacting the practice of medicine. The panel is tasked with sharing how North Dakota's healthcare industry is poised to respond to the ever-changing dynamics to care for patients in a time when reducing costs, creating efficiencies, and utilizing the latest technology continue to be driving factors to advancing care.

PANELIST



Founded by Dr. Nammour, Dakota Gastroenterology Clinic is an independently owned clinic made up of medical professionals who value helping patients find answers and relief. Dr. Nammour is board certified in gastroenterology & internal medicine.

Fadel Nammour, MD
Founder and President
Dakota Gastroenterology Clinic

PANELIST



Prior to his current role as VP and Chief of Health Services Operations, Dr. LeBeau served on the Sanford Health Board of Trustees, as vice president of clinics, and as president and CEO of the Bismarck region.

Michael LeBeau, MD
VP and Chief of Health Services Operations
Sanford Health

PANELIST



Todd Forkel's strong background in healthcare leadership is testament to why he serves as CEO of Altru Health System, a position he's held since 2022. Other leadership roles held by Forkel include Regional President and CEO of Avera St. Luke's and CEO of Avera St. Mary's Region.

Todd Forkel
Chief Executive Officer
Altru Health System

PANELIST



Dr. Bande oversees undergraduate medical education, graduate medical education, clinical care, research, and other administrative functions of the Department of Internal Medicine in collaboration with multiple teaching hospitals. He also serves as a hospitalist and physician advisor in Utilization Management at Sanford Health.

Dinesh Bande, MD
Clinical Associate Professor of Internal Medicine
and Chair of Internal Medicine
UND School of Medicine & Health Sciences

MODERATOR



As president, Dr. Ranum provides strategic vision and leadership for NDMA and its Council. As a physician, Dr. Ranum provides health care to the West River Health Services coverage area.

Joshua Ranum, MD
NDMA President

12:30–2:00 pm | Leadership Awards Ceremony & Luncheon

Ballroom 2 & 3

2:00–2:45 pm | Artificial Intelligence in Healthcare - Ballroom 1

This session will provide an understanding of the basic concepts of Artificial Intelligence (AI), machine learning, and deep learning. It includes an overview of the history of AI in health care, various applications of AI in health care, ethical challenges and biases involving AI, and the future of AI and application in medicine.



As a hospitalist and internal medicine specialist, Dr. Paladugu has over 8 years of experience providing exceptional patient care. As an advocate for technological advancements, Dr. Pauladugu closely monitors developments such as artificial intelligence.

Gopikrishna Paladugu, MD
Hospitalist, Sanford Health Fargo
ND Chapter of the Society of Hospital
Medicine President



Dr. Nakasato leads a team of medical professionals and plays a pivotal role in advancing patient care and fostering collaborations. He is a recipient of the Bush Fellow award for his project on Efficient Medicine. This accolade reflects his innovative approach to improving healthcare systems for the benefit of patients and providers alike.

Yuri Nakasato, MD
Rheumatology and Endocrine Department Chair
Essentia Health West

2:45–3:30 pm | An Overview of Weight Management - Ballroom 1

This session will help to determine opportunities for obesity by sharing how to guide patients through lifestyle changes and the use of weight loss medications, if necessary.



Dr. Henderson specializes in family medicine and weight loss management. She provides primary care and weight loss management services by working with patients to help them reach their long-term weight management goals.

Lindsey Henderson, MD
Family Medicine Service Line Medical Director
Sanford Health, Bismarck West Region

3:30–3:45 pm | Break - Ballroom 2 & 3

3:45–4:30 pm | North Dakota ACP Thieves' Market - Ballroom 1

Interactive with Internal Medicine Residents

This session will help to understand how individual clinical reasoning skills compare to other internists. The exercise challenges the participants' clinical reason ability by solving two challenging clinical cases. The exercise allows everyone to have fun and laugh out loud.



Laura Nichols, MD
Internal Medicine
Sanford Health

The exercise is moderated by Dr. Nichols, an internist, practicing with Sanford Health, and a Core Faculty member for the UND School of Medicine & Health Sciences Internal Medicine Residency Program. She has a passion for improving her own clinical reasoning and shares that passion by teaching clinical reasoning to residents and medical students. The Thieves' Market concept is a fun way to engage and learn. She herself has blurted out many wrong answers during these interactive challenges and hopes attendees will do the same as more participation equals more fun!

4:30 pm | Adjourn

NDMA Slate of Officers

Each year, NDMA officer positions are chosen based on a vote of NDMA membership. Members vote through an online ballot. Links to the ballot are sent to each member's email and posted in the weekly e-Physician News. Members will be asked to choose from the following slate of officers:



President
Stephanie K. Dahl, MD
Horace, ND



Vice President
Parag Kumar, MD
Bismarck, ND



Policy Forum Chair
Erica C. Hofland, MD
Dickinson, ND



Secretary-Treasurer
Joan M. Connell, MD
Bismarck, ND



AMA Delegate
Fadel E. Nammour, MD
Fargo, ND



AMA Alternate Delegate
David F. Schmitz, MD
Grand Forks, ND



Ceremony & Luncheon

Friday, October 6
12:30 pm – 2:00 pm

The historic Leadership Awards Ceremony and Luncheon will present awards for outstanding achievement.

Physician Community and Professional Services

This award is recognized as North Dakota's most prestigious physician award and since inception in 1977, has been awarded to forty-six distinguished physicians across the state. The award honors a NDMA physician member recognized for outstanding leadership and service to the profession of medicine.

40 Year Medical School Graduates

We continue to honor our tradition of recognizing physicians who have achieved at least 40 years of service to the medical community upon graduation from medical school.

Friend of Medicine Award

This award is dedicated to a non-physician individual dedicated to making a difference by serving as an effective advocate for health care, patient services, or the profession of medicine.

COPIC Humanitarian Award

Now for the fifth year, this award is presented to honor a physician for volunteer medical services and contributions to the community. The award seeks to recognize a physician who volunteers outside the spectrum of their day-to-day lives.

The award provides a \$10,000 grant from the COPIC Medical Foundation to a health-related nonprofit organization of the recipient's choosing.

LODGING

A block of rooms has been reserved at the Canad Inn.

Reservations must be booked by September 4. If the block fills up, no additional rooms can be added. Book early.

The Canad Inn is connected to the Alerus Center.

Room rates: \$109, plus tax.

Must reference **Group ID 1751** to receive the block rate.



To reserve, call 701-772-8404 or simply scan the code above.

Canad Inn
1000 S. 42nd Street
Grand Forks, ND 58201

CONTINUING MEDICAL EDUCATION

The American College of Physicians (ACP) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The ACP designates this other activity (live component and enduring component) for a maximum 3.75 AMA PRA Category 1 Credit(s)TM. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 3.75 medical knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.



2023 ANNUAL MEETING

AND LEADERSHIP AWARDS

OCTOBER 5 - 6 | Alerus Center
1200 S 42nd St | Grand Forks, ND



REGISTER TODAY! Complete the form or register online at ndmed.org

First Name _____ MI _____ Last Name _____
Organization _____
Mailing Address _____
City _____ State _____ Zip _____
Telephone _____ E-mail _____
Guest(s) First/Last Name _____

Registration Fee: \$50—includes the Friday conference day breakfast, lunch and educational credit costs. Please indicate below which events you will be attending. **If you choose to participate in only the Policy Forum session, there is no registration fee.**

_____ Number attending Thursday, October 5, evening NDMA social
_____ Number attending Friday, October 6, breakfast
_____ Number attending Friday, October 6, educational program
_____ Number attending Friday, October 6, awards ceremony luncheon
(contact NDMA for special dietary needs: 701-223-9475)
_____ I will ONLY attend the Policy Forum

I wish to contribute to the NDMA PAC (Suggested donation \$200) \$ _____
_____ Number attending annual meeting @ \$50 per person \$ _____
_____ Total Amount Enclosed \$ _____

CONFERENCE CANCELLATION POLICY: No refunds after September 21, 2023.

Please mail this form along with payment no later than September 22, 2023 to NDMA: 1622 E. Interstate Ave., Bismarck, ND 58503-0512

_____ Name on credit card *(please print)* _____
Card Number _____
CSC _____ *(3 digit code / Am. Express 4 digits on front of card)*
Expiration Date ___ / ___ / ___ Telephone _____
Signature _____
Zip Code _____

NDMA 2023 ANNUAL MEETING AND LEADERSHIP AWARDS

On behalf of NDMA and its leadership, we express our sincere gratitude for the following generous sponsors to our 2023 Annual Meeting. Please take the time to visit the booths, learn what's new and thank them for their support.



NORTH DAKOTA PROFESSIONAL HEALTH PROGRAM



Essentia Health

Thank you!